



Positive Parenting

Presented by Natchaug Hospital

In a relaxed and supportive atmosphere, parents discuss behavior challenges and learn effective, research-based methods of communication and discipline. Parents will learn to use positive reinforcement to successfully change behavior while improving their relationship with their child. Parents can expect to see the following outcomes in their children:

- Improved Self-Esteem
- Increased Cooperation
- Improved Family Atmosphere
- Improved Parent–Child Communication

These courses are provided free of charge, courtesy of Natchaug Hospital

2011-2012 Schedule

Parenting Children and Teens

Mondays 6:00pm – 8:00pm

September 19th – October 31st, 2011

November 14th – December 19th, 2011

January 23rd – March 5th, 2012

March 19th – April 30th, 2012

May 7th – June 18th, 2012

LOCATION:

Natchaug Hospital, 189 Storrs Rd,
Mansfield Center, CT 06250

TO REGISTER:

Call **Joe Freeman**, M Div, LCSW at
(860) 456-1311, ext. 337

Single parents, grandparents, foster parents and other caregivers are welcomed.

Couples are encouraged to attend together.



Natchaug
Hospital

A Hartford HealthCare Partner



More information about Natchaug Hospital is available
at **www.natchaug.org**,
or call **(860) 456-1311** or **(800) 426-7792**