

Natchaug Hospital's Network of Care



Groton

Care Plus
1353 Gold Star Highway
860-449-9947

Mansfield

Sachem House
189 Storrs Road
860-456-1311

Dayville

Quinebaug
11 Dog Hill Road
860-779-0321

Vernon

RiverEast
428 Hartford Turnpike
860-870-0119

www.natchaug.org

1-800-426-7792

Natchaug Hospital

189 Storrs Road

Mansfield Center, CT 06250

[Address Service Requested](#)



You Are Not Alone



Mental Health & Addiction Services

Ambulatory Treatment Programs for Adults



**Natchaug
Hospital**
A Hartford HealthCare Partner

Natchaug Hospitals Philosophy of Care:

Natchaug and its various community-based programs serve people of all ages and stations in life. Our goal is to provide the highest quality diagnostic and treatment services customized to address the special needs of each individual in our care.

At Natchaug, our philosophy of health care is based upon simple but powerful tenets:

- A person's journey through the health care system should be as smooth as possible
- People should be able to receive the care they need as close to home as possible

We are fully committed to the dignity and privacy of people participating in our treatment programs.

We believe in working as a team, educating and empowering consumers as much as possible to participate in their own care.



- *Natchaug Hospital participates in most insurance and managed care programs and is approved by Medicaid and Medicare.*
- *Natchaug Hospital is accredited by the Joint Commission and is a member of Hartford HealthCare.*
- *Natchaug Hospital is licensed by the State of Connecticut, and its special education programs are approved by the Bureau of Special Education.*
- *Natchaug Hospital is a non profit 501(c)(3) organization funded in part by private contributions.*

Treatment Programs for Adults

Natchaug Hospital's outpatient programs provide clients with structured clinical treatment for their psychiatric or chemical dependency issues without inpatient care. In some cases, these intensive treatment programs can help prevent the need for hospitalizations.

- **Partial Hospitalization**-Four hours of treatment for up to five days a week
- **Intensive Outpatient**-Three hours of treatment for up to five days a week
- **Ambulatory detoxification**-Suboxone treatment plan to safely detox patients from opiates with minimal disruption of their day-to-day lives

At Natchaug Hospital, we realize the importance of easily accessible, local treatment. Our four community-based programs for adults are spread throughout Eastern Connecticut to keep treatment close to home.

In Natchaug's outpatient treatment setting, we focus on creating a therapeutic environment where people can learn strategies for coping and improve their functioning.

Each client's treatment plan is centered on group therapy which allows for sharing of experiences while gaining support and validation.

The group environment is supplemented with individual and family therapy as well as case management and oversight from our medical staff.

Transportation to treatment is provided when needed.

For more information:

- Call the program (*see list on other side*)
- Call the main hospital at 860-456-1311, toll free 1-800-426-7792
- Visit www.natchaug.org

"This program has been a huge help in my life. I feel it has changed my life."

"This program is fantastic-makes me wish I had asked for help sooner."

"I find that the program is very helpful, and everyone including the staff has been very helpful and understanding and caring. I would recommend this program to friends and family."

I give this program a 10."

"I highly recommend this program. It has helped me greatly with my anxiety, depression and my addiction."



- Daytime treatment
- Evening treatment
- Opioid detoxification using suboxone
- Four (4) locations